

Easy Ways to Help My Child

with

Talking, Reading, Writing and Using Numbers



Top Tips

- ★ Choose fun activities that your child will enjoy and/or relate to their everyday experiences.

- ★ Leave books, paper, pencils and markers around the house for your child to pick up whenever they want.



- ★ Keep books, stories and games appropriate to their age level. If too hard or too easy, they may lose interest or confidence.

- ★ If your child finds it difficult to sit and listen to a story, provide them with paper and pencils so that they can draw while they listen.

- ★ Comic books or graphic novels can be a good way of helping children to follow the story if they have difficulty reading.

- ★ Give lots of encouragement and praise for even the smallest accomplishment.



- ★ Focus on the enjoyment and fun of reading.
If you show an interest in reading and learning yourself, your child will be more likely to follow your lead and explore as well.

Let's Talk

Talk to your child about the things you see around you everyday such as pictures, words, shapes and numbers.

Point out letters and words you see while walking, driving, on the bus etc. Make it into a game by asking your child to find a new word on each outing.

Encourage your child to give their reactions to stories, what they watch on TV or on the Internet. If you are reading a book together, ask them to guess what will happen next or to tell the story back to you in their own words.

As your child begins to read on their own, talk with them about what they are reading. When they finish a new story, discuss the main ideas, new words and their favourite parts.



The Right Book

How do I help my child choose the 'right book' to read?



- **Enjoyable and interesting**

Choose books that they will enjoy, find interesting and/or relate to their day-to-day lives.

- **Appropriate to their reading level**

If there are more than five words on a page that your child doesn't understand, they should pick a book that is slightly easier.

- **Easy to understand**

A book is suitable to your child's reading ability if, when they read a page from it aloud, they are able to read it smoothly and without much difficulty.



What else can I do to improve my child's reading ability?

When your child finds a word they don't understand, try to avoid telling them the meaning straightaway. Ask them instead to guess what the unknown word is likely to be based on the pictures near to it or by looking at the sentence around it.

Reread favourites. Most children love to hear their favourite stories read many times. Repetition will strengthen language development.

Books with age guides can be helpful, however don't feel restricted by these. It is important that your child feels comfortable reading the book they choose.

Story Time

- Everyday** Establish a routine and try to devote some time everyday to reading.
- Fun** Read with fun, humour and expression in your voice.
- Pictures** Draw your child's attention to pictures in the book and discuss them together.
- Questions** Ask questions as you read and encourage your child to give their reactions to the story.
- Special** Make reading time special by choosing a comfortable space away from any distractions.



When?

Share books every day and try new learning activities regularly. Make reading a routine, natural part of your child's day that is done for fun and enjoyment.

It's never too early to start reading to your child. Just five minutes each day can be enough. Even very young babies respond to being held while hearing the familiar, calming sound of a book being read aloud.

Continue to read with your child even when they are able to read on their own. Your interest in sharing stories will encourage them to further develop an interest in reading themselves.

Easy Numbers

Counting

Involve your child in counting activities around the house or when walking outside. For example, counting the number of cups and plates to be laid on the table, the number of people in a room or the number of buses you pass on the street.

Adding and Subtracting

When your child becomes more familiar with counting, ask them to do simple calculations for you. For example, they can sort out coins for you or add and subtract money from a total amount before you go to buy something or when shopping.



Times and Dates

Let your child know the time each day that certain things are done. For example, *'It's 8 o'clock, time to get up'*. Mark in dates on the calendar with your child. Regularly look at it together to count down days or check whose birthday is coming next.

Weighing

Involve your child when weighing items on weighing scales or when measuring using a ruler. Turn the activity into a game by giving them several items to weigh or measure and asking them to predict beforehand the order of heaviest to lightest or longest to shortest.



Everyday Fun

Simple everyday activities around the house can be very easily turned into fun games that help your child develop important skills.

Shapes

Draw your child's attention to different shapes. When looking at pictures, point out a 'square house', a 'rectangular football pitch' etc. or ask them to name the shapes you see around you every day.

Give your child simple jigsaws to play with. Fitting pieces together helps children understand different shapes and match patterns.

Comparing

Point out things you see when walking outside which are big and small, wide and narrow, cheap and expensive etc. Make a game out of comparing opposites!



Matching and Sorting

Play matching and sorting games. For example, sort different categories of toys in different boxes with your child or match items of the same colour.

Lists

As they become more confident writing words, ask them to write down a list of items to buy for weekly shopping or keep a 'to do' list for the household.



Dictionaries and Journals

Create a simple, homemade dictionary with your child and ask them to add in new words they learn each week. As they develop greater confidence writing on their own, encourage them to keep a journal or write their own short stories.

My Local Library

Your local library provides a fantastic opportunity to explore new stories, expand your child's imagination and open their eyes to new experiences.

What's available in my library for children?

- ★ Children's books for all ages
- ★ Story time
- ★ Talking books
- ★ CDs and games
- ★ Children's activities
- ★ Computers and Internet access
- ★ Summer reading programmes



What else can we do in our library?

- ★ Meet other children and parents
- ★ Find out about local activities and events
- ★ Get advice about reading and other learning material
- ★ Enjoy events the library holds for both children and adults
- ★ Explore the library services available for adults: books, CDs, DVDs, magazines, newspapers, PCs and the Internet
- ★ Try a new course and develop new skills

It's never too soon to visit your local library, even with babies and toddlers. Visit early and often, make it part of the family's routine!